Wellness Committee Meeting October 9, 2017

Present
Roberta Barnes
Katie Custer
Angie Foss
Morgan Harms
Ryan Wetovick

Absent
Kelly Cooksley
Rachelle Haines
Harley Mohlman
Krista Scott
Emily Smallcomb

Discussion:

- Strategy 1:
    - Increase Student/Staff Physical Activity
        - Admin Approval
        - Determine location/time/incentives
            - Elementary
                - Daily (7:45 AM)
                - Playground (Gym in inclement weather)
                - Supervision: Staff by week
            - Secondary
                - Weekly
                - Track (Activities Building in inclement weather)
                - Supervision: Staff by week
        - Record Keeping
            - Attendance
            - Laps
        - Building Programs
            - Incorporate/Annex Elementary Morning Walk & Gym Basketball
            - Coordinate supervision for MS basketball in the mornings
        - Stakeholders
            - Invite businesses to walk
            - Highlight one business per week or per month
        - Coordinate Supervision
            - Staff rotate by week
- Strategy 2:
    - Implement a Healthy Snack Break
        - Coordinate with Rindi Wright (Lunchtime Solutions) to understand capabilities and limitations of planning and implementation.