

Present: Harley Mohlman, Angie Foss, Ryan Wetovick, Rachelle Haines, Roberta Barnes, Mary Jane Garner, Krista Scott

Absent: Katie Custer (Write Tools Training), Emily Smallcomb (Write Tools Training), Cheri Kluender

1. We went through the new Wellness policy and made notes of what we need to start doing to meet the policy, what needs to be changed in the district to meet the policy and marked parts of the policy we had questions on.
2. Items that we need to start doing in the district to meet the policy include nutrition education integrated into other classroom instruction through subjects such as math, science, language arts, social sciences and elective subjects; teach media literacy with an emphasis on food and beverage marketing; include enjoyable, developmentally-appropriate, culturally-relevant and participatory activities, such as cooking demonstrations or lessons; elementary students receive physical education for at least 60-89 min. per week and health education; middle and high school students need 2 semesters of P.E. and 1 semester of Health education
3. Items that we need to change in the district that we currently do include snacks sold at the Elementary Character Store need to meet the USDA Smart Snacks guidelines; classroom snacks, celebrations and parties and rewards and incentives need to meet the USDA Smart Snacks guidelines; any food and beverages marketed or promoted to students on the school campus during the school day will meet or exceed the USDA Smart Snacks in School nutrition standards (DQ sign?); Cookie dough, pizza, band cards, girl scout cookies, etc. must be sold outside of the school day which means 30 min. after school is out and not before school; Physical activity will not be withheld as punishment; handwashing, as well as time to put away coats/hats/gloves, will be built in to the recess transition period/time frame if students have recess before lunch; Elementary students are to have 20min. of recess a day; all school-sponsored event will adhere to the wellness policy guidelines
4. Items that we had questions about include annual notification of the Wellness Policy including contact information for the school personnel leading the committee; district notification of the progress report to

district patrons; we thought that Moms for Muffins and Dads for donuts would still be ok since that is a parent involvement activity instead of a reward or incentive.